

# Jr. Oly Basketball Fall Skill Academy



Fall Skill Academy for athletes  
in grades 3rd-8th  
@ Sprague High School

\*Dates, times, information found in the  
brochure

More information visit/online registration:  
[jrolybasketball.com](http://jrolybasketball.com)

## FALL SKILL ACADEMY

*\*The Jr. OLY Basketball Fall Skill Academy is designed for future Sprague Basketball players to work on and improve aspects of their game including: shooting, finishing, attack moves, and ball handling.*

### **BOYS Fall 2024 Fall Skill Academy Dates/Times 3rd-8<sup>th</sup> Graders (4-5:30 PM)**

**Session 1:** September 29th, 2024 (Sunday)

Form/Shooting Off the Catch

**Session 2:** October 6th, 2024 (Sunday) Shooting  
Off Attack Move

**Session 3:** October 13th, 2024 (Sunday) Attack  
Moves and Finishes

### **GIRLS Fall 2024 Fall Skill Academy Dates/Times 3rd-8<sup>th</sup> Graders (2:30-3:30)**

**Session 1:** September 29th, 2024(Sunday)

Form/Shooting Off the Catch

**Session 2:** October 6th, 2024(Sunday) Shooting Off  
Attack Move

**Session 3:** October 13th, 2024 (Sunday) Attack  
Moves and Finishes



Class of 2025 forward Dukatti Witherspoon was a  
2024 All CVC Honorable Mention Selection.

## Benefits of the Fall Skill Academy

- Become a better shooter, learn attack moves, and different finishes at the rim
- Learn drills that help you track your progress and improve
- Learn key secrets Sprague basketball players do in order to improve skill
- Learn key drills Sprague basketball players do in order to improve shooting
- Understand basic footwork and form for shooting: off the dribble, off a screen, and in transition.
- Prepare for the winter Jr Oly season
- Have fun getting better and play shooting games that will help you improve!
- Play games and competitions that will improve your game!



Class of 2026 guard Nora Terjeson was a 2024  
All CVC Honorable Mention Selection.

**JUNIOR OLY  
BASKETBALL**

## Fall Skill Academy Coaches



**Jordan Graneto (7th Year @ Sprague)**

The Boys Jr. OLY Fall Skill Academy will be run by Sprague Basketball head coach Jordan Graneto. Coach Graneto is entering his 7th season at Sprague High School.



**Andy Sydow (1st Year @ Sprague)**

The Girls Jr. OLY Fall Skill Academy will be run by Sprague Basketball head coach Andy Sydow. Coach Sydow is entering his 1st season at Sprague High School.

## Cost and Registration

### 1. Registration

\* **Register Online at [jrolybasketball.com](http://jrolybasketball.com)**

- Registration can be found under "Fall Skill Academy"

- OR -

**\*\*Mail in Your Registration to**

Coach Graneto (BOYS)

- OR -

Coach Sydow (GIRLS)

at Sprague High School (address found on the bottom of this page).

### 2.Payment

\* **Pay at the door** (please come 15-20 minutes before the clinic you wish to attend)

- OR -

**\*\* Send in your registration and payment to Sprague High School (please make checks out to Sprague Boys Basketball - OR - Sprague Girls Basketball):**

Sprague High School  
Attn: Jordan Graneto (BOYS)

- OR -

Attn: Andy Sydow (GIRLS)  
2373 Kuebler Blvd  
Salem, OR 97302

**COST = \$10 PER CLINIC (\$30 FOR ALL 3 CLINICS)**

## Registration Form

Athlete Name (First, Last)

Athlete School

Grade (this fall)

Street Address

City

Zip

Guardian phone number

Email Address (for clinic reminders/future info)

### **Clinic Dates Intending to Attend (Circle Dates)**

09/29/2024 (BOYS) | 09/29/2024 (GIRLS)

10/06/2024 (BOYS) | 10/06/2024 (GIRLS)

10/13/2024 (BOYS) | 10/13/2024 (GIRLS)

Total Clinics \_\_\_\_\_ x \$10 = \$ \_\_\_\_\_

**Insurance Waiver:** I understand that Sprague Basketball does **NOT** provide medical insurance coverage and that I will be responsible for any medical injuries incurred.

Parent/Guardian Signature

Date