

Jr. Oly Boys Basketball Fall Skill Academy



Fall Skill Academy for Boys in Grades 3rd-8th
@ Sprague High School
*Dates, Times, Information Found in the
Brochure

More information visit/online registration:
jrolybasketball.com

FALL SKILL ACADEMY

**The Jr. OLY Basketball Fall Skill Academy is designed for future Sprague Boys Basketball players to work on one and improve aspects of their game including: shooting, finishing, attack moves, and ball handling.*

Fall 2023 Fall Skill Academy Dates /Times 3rd-8th Graders (5-6:30 PM)

- Session 1: October 1st, 2023 (Sunday)
- Session 2: October 8th, 2023 (Sunday)
- Session 3: October 15th, 2023 (Sunday)

Fall Skill Academy "Emphasis" By Day

1. Session 1: Form/Shooting Off the Catch
2. Session 2: Shooting Off Attack Move
3. Session 3: Attack Moves and Finishes



Senior Dallan Morgan (#22) was a 1st Team Valley League Selection in 2021 and was a member of the "All State Team"

Benefits of the Fall Skill Academy

- Become a better shooter, learn attack moves, and different finishes at the rim
- Learn drills that you can track your progress and improve from
- Learn key secrets Sprague Basketball Players do in order to Improve skill
- Learn key drills Sprague Basketball Players do in order to Improve Shooting
- Understand basic footwork and form for shooting: Off the Dribble, Off a Screen, and In Transition.
- Have fun getting better and play shooting games that will help you improve!
- Play games and competitions that will improve your game!



Class of 2022 senior Ryder Skogstad was a 2 year Olympian starter and 2nd Team All Conference player

Fall Skill Academy Coach



Jordan Graneto (6th Year @ Sprague)

Jr. OLY Fall Skill Academy will be run by Sprague Basketball head coach Jordan Graneto. Coach Graneto is entering his 5th season at Sprague High School.

During Coach Graneto's tenure Sprague's Varsity Basketball team has made the playoffs 3 out of 4 seasons and have amassed a record of 66-49 over the course of 5 seasons. During the past 5 seasons Sprague has sent 5 basketball players to play college basketball and have graduated every member of their varsity basketball team from Sprague High School.

"Your skill level is something that can be taught to anyone and improved upon with a lot of hard-disciplined work and repetitions. Skill work is a vital part of what we work on and look for in the Sprague Basketball Program. Shooting a high percentage is the great equalizer in the game of basketball if you want to consistently win at a high level." - Coach Graneto

Cost and Registration

1. Registration

* **Register Online at jrolybasketball.com**

- Registration can be found under "Fall Skill Academy"

- OR -

**Mail in Your Registration to Coach Graneto at Sprague High School

- Address found on the bottom of this page.

2. Payment

* **Pay at the door** (please come 15-20 minutes before the clinic you wish to attend)

- OR -

** **Send in your registration and payment to Sprague High School** (please make checks out to Sprague Boys Basketball):

Sprague High School
Attn: Jordan Graneto
2373 Kuebler Blvd
Salem, OR 97302

COST = \$10 PER CLINIC (\$30 FOR ALL 3 CLINICS)



Registration Form

Athlete Name (First, Last)

Athlete School

Grade (this fall)

Street Address

City

Zip

Guardian phone number

Email Address (for clinic reminders/future info)

Clinic Dates Intending to Attend (Circle Dates)

10/1/2022

10/8/2022

10/15/2022

Total Clinics ____ x \$10 = \$ ____

Insurance Waiver: I also understand that Sprague Basketball does **NOT** provide medical insurance coverage and that I will be responsible for any medical injuries incurred.

Parent/Guardian Signature

Date